

## **Quarantine Guidance for All Staff and Children in Child Care**

**Children and staff who test positive for COVID-19 and/or display COVID-19 symptoms (without an alternate diagnosis or negative COVID-19 test) should quarantine regardless of vaccination status:**

- Quarantine at home for the first 5 days (starting with the day after symptoms began or day after test was taken for those without symptoms); and
- If symptoms improve or no symptoms develop, return to normal activities while wearing a well-fitted mask for the next 5 days to protect others.

**AND**

- If individual has a fever, stay home until fever-free for a period of 24 hours without the use of fever-reducing medications before returning to normal activities while wearing a well-fitted mask, until the 10-day period is complete.

**OR**

- Quarantine at home for 10 days if unwilling/unable to wear a mask, including children.

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**If you were exposed to COVID-19 and are NOT up to date on COVID-19 vaccinations:**

- Quarantine for at least 5 days
- Stay home
- Wear a well-fitting mask if you must be around others in your home
- Get tested  
Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19

### **After quarantine**

- Watch for symptoms until 10 days after you last had close contact with someone with COVID-19
- **If you develop symptoms:**  
Quarantine immediately and get tested. Continue to stay home until you know the results wear a well-fitting mask around others
- Take precautions until day 10
- Wear a well-fitting mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a well-fitting mask